

Code of Conduct for Participants

As a member of Dimensions Trampoline Club you are expected to abide by the following Club rules:

- All members must participate within the rules and respect Coaches, Assistant Coaches, Volunteer Coaches, fellow club members and the decisions they make.
- Members must wear suitable attire for training and events as per the Dimensions Dress Code/Clothing Policy. (See above)
- Members should bring an adequate size drink to every session, (preferably water) in a plastic bottle with a non-spill top.
- Members should treat all equipment with respect.
- Members must inform the Coach of any injuries or illness they may have before the warm-up begins. By attending the session we will assume you are fit to bounce. If you are injured or not fit for Trampolining please do not take part. (e.g. 1 weeks rest may prevent a more serious injury occurring which could have a much longer recovery period).
- Members should remain in the hall at all times unless given express permission by their coach to leave.
- **Members under 8yrs old may only leave the hall if accompanied by their parent/guardian who must stay on the premises throughout their session.**
- Mobile phones etc. should not be used during training and should be left with parents. If they have to be brought into the hall, they must be left at the side of the hall during training sessions and **please note DTC cannot be held responsible for any loss or damage.**
- Members should not eat or chew gum during a session.
- Members must not use bad language.
- Members must not smoke, consume alcohol or take drugs of any kind.
- Members should remain with coaches at the end of a session until collected by their parent or guardian.
- ENJOY YOUR JUMPING!

All details correct at time of print. Updated September 2025