



## Dimensions Trampoline Club

### Dress Code Policy

Clothing and appearance are important both to the safety of the performer and to uphold the standards of the club. The club uniform is the identity of the club both out and about and at competitions. We therefore expect the Trampolinists not only to be proud of their uniform and the identity that goes with it but to behave in a way that would uphold the reputation of the club and all of its members.

#### Dress Code/Clothing

- Girls should wear a one-piece gymnastic leotard
- Boys should wear a leotard/T-shirt and shorts/trampoline longs.
- Fitted shorts / leggings may also be worn.
- No trousers, jeans, zip up tops, loose ties, embellishments, etc
- Older Trampolinists may wear a Club T-shirt over the top of their leotard whilst training. Non-Club T-shirts are not permitted.
- **No jewellery what so ever\***, including ear studs or body piercing adornments to be worn at anytime during training or competition. This constitutes a safety hazard and British Gymnastics and their Insurers have made it a no-tolerance policy.
- Long hair must be secured with an appropriate band
- Socks (preferably white) or trampoline shoes must be worn on the trampoline. No nylon socks please as these may be slippery.

\*Sensitivity to religious convictions regarding dress will be demonstrated but any concessions made will be within the bounds of reasonable safety, subject to relevant risk assessments. If concessions are made the parent/guardian will be required to sign a statement confirming their agreement to and understanding of the relevant risks.

Leotards and shorts can be any style or colour, although, Dimensions Club colours are Black, pink and silver, which are preferred.

Dimensions Hoodies are available through Club for purchase if desired. Please use order form further on in pack and return form and money with your fees.

Failure to comply with this policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.